



**Experience Shamanic Trance Dance
with Rick Gossett and Shiela Baker**

The Dance dances you, the breath breathes you – Don't Stop!

Bring deep healing to yourself and to “all my relations”.

Become the Shaman. Dance on behalf of others.

Use creative dance, drumming, and breath work to increase your power.

Come, join us. No experience is necessary.

Within sacred space and with intention – Witness where Spirit takes you.

Sunday, March 28

11am to 4pm

Conway Muse in Skagit Valley \$25 to \$45 sliding scale

For information call Rick 360-445-3909 rick.gossett@gmail.com

or Shiela 206-903-9404 shiela@shamanweaver.com

Rick Gossett has been doing cross-culture shamanism for over 30 years in the Skagit Valley. He has taught internationally and written widely.

Shiela Baker is an RN, Tantra teacher, minister, psychotherapist and Shaman. Her book, [Practical Shamanism](#), is a guidebook for learning Shamanism.